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| **OPEN** | | | **WOMEN’S RECORDS** | **UNDER 20** | | |
| **Record** | **Athlete(s)** | **Year** | **Event** | **Record** | **Athlete(s)** | **Year** |
| 11.33 | K Hubbard | 2015 | 100 yd. | Not claimed |  |  |
| 11.94 | K Hubbard | 2016 | 100 m | 13.65 | L Wiederstein | 2007 |
| 24.53 | K Hubbard | 2016 | 200 m | 26.73 | N Long | 2009 |
| 55.49 | K Hubbard | 2016 | 400 m | 1:00.47 | L Wiederstein | 2009 |
| 2:20.18 | L Wiederstein | 2009 | 800 m | 2:20.18 | L Wiederstein | 2009 |
| Not claimed |  |  | 1000 m | Not claimed |  |  |
| 5:06.9 | S Hayes | 2009 | 1500 m | 5:06.9 | S Hayes | 2009 |
| Not claimed |  |  | 1 mile | Not claimed |  |  |
| 10:45.6 | S Hayes | 2009 | 3000 m | 10:45.6 | S Hayes | 2009 |
| Not claimed |  |  | 5000m | Not claimed |  |  |
| Not claimed |  |  | 10,000m | Not claimed |  |  |
| 39:31 | F Forsterling | 2011 | 10 km | Not claimed |  |  |
| Not claimed |  |  | Half Marathon | Not claimed |  |  |
| Not claimed |  |  | Marathon | Not claimed |  |  |
| 12:11.71 | S Hayes | 2010 | 3000 m Steeplechase | 12:11.71 | S Hayes | 2010 |
| 20.49 | N Long | 2009 | 100 m Hurdles | Not claimed |  |  |
| 1:10.62 | M Allender | 2010 | 400 m Hurdles | 1:10.62 | M Allender | 2010 |
| 1.60 m | G Milne | 1993 | High Jump | 1.40 m | N Long  J Roubin  J Roubin | 2008  2009  2010 |
| 3.70 m | S Wiltshire  S Wiltshire | 2003  2003 | Pole Vault | 2.60 m | C Rosewarne | 2007 |
| 4.97 m | N Long | 2009 | Long Jump | 4.76 m | L Wiederstein | 2007 |
| 8.63 m | J Roubin | 2009 | Triple Jump | 8.63 m | J Roubin | 2009 |
| 7.60 m | N Long | 2009 | Shot Put | Not claimed |  |  |
| 18.65 m | J Roubin | 2010 | Discus Throw | 18.65 m | J Roubin | 2010 |
| 50.35 m | A Hansen | 2004 | Hammer Throw | Not claimed |  |  |
| 31.69 m | D Hartigan | 2004 | Javelin Throw | 21.25 m | N Long | 2009 |
| 3182 points | N Long | 2009 | Heptathlon | Not claimed |  |  |
| 16:44.2 | T Brougham | 2007 | 2000 m Walk | Not claimed |  |  |
| 14:04.61 | C Vanstan-Ferguson | 1997 | 3000 m Walk | Not claimed |  |  |
| 24:31.87 | C Vanstan-Ferguson | 1997 | 5000 m Walk | Not claimed |  |  |
| Not claimed |  |  | 10,000 m Walk | Not claimed |  |  |
| 49:40 | C Vanstan-Ferguson | 1997 | 10 km Walk | Not claimed |  |  |
| 1:45:45 | C Vanstan-Ferguson | 1997 | 50 km Walk | Not claimed |  |  |
| Not claimed |  |  | 4×100 m Relay | Not claimed |  |  |
| 1:52.8 | N Long  B Bozin  S MacKay  L Wiederstein | 2008 | 4×200 m Relay | 1:52.8 | N Long  B Bozin  S MacKay  L Wiederstein | 2008 |
| 4:11.2 | L Wiederstein  B Bozin  S MacKay  N Long | 2008 | 4×400 m Relay | 4:11.2 | L Wiederstein  B Bozin  S MacKay  N Long | 2008 |
| Not claimed |  |  | 4×800 m Relay | Not claimed |  |  |
| 4:56.6 | B Bozin  S MacKay  P Ransom  N Long | 2008 | 1600 m Medley Relay | 4:56.6 | B Bozin  S MacKay  P Ransom  N Long | 2008 |

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| **OPEN** | | | **MEN’S RECORDS** | **UNDER 20** | | |
| **Record** | **Athlete(s)** | **Year** | **Event** | **Record** | **Athlete(s)** | **Year** |
| 9.88 | W Johns | 2015 | 100 yd. | 10.03 | S Baines | 2009 |
| 10.28 | T Gamble  T Gamble | 2015  2016 | 100 m | 10.74 | S Baines | 2008 |
| 20.69 | T Gamble | 2016 | 200 m | 21.95 | O Wurm | 2009 |
| 46.24 | M Hazel | 1998 | 400 m | 47.41 | S Baird | 2015 |
| 1:49.08 | S Ellinghaus | 1995 | 800 m | 1:52.86 | D Burke | 2008 |
| 2:22.3 | S Ellinghaus | 1993 | 1000 m | 2:24.51 | F Ovett | 2012 |
| 3:40.89 + | C Huffer | 2014 | 1500 m | 3:54.52 | A Wallis | 1998 |
| 3:58.07 | C Huffer | 2014 | 1 mile | 4:20.1 | L Elliott | 1959 |
| 8:13.57 i | C Huffer | 2015 | 3000 m | 8:31.54 | H Smithers | 2010 |
| 14:38.55 | H Smithers | 2013 | 5000 m | 15:00.94 | H Smithers | 2010 |
| 31:03.97 | H Smithers | 2014 | 10,000 m | N/A |  |  |
| 30:54 | H Smithers | 2012 | 10 km | 32:20 | H Smithers  H Smithers | 2010  2010 |
| 1:11:53 | D Angus | 1999 | Half Marathon | Not claimed |  |  |
| 2:28:59 | G Watt | 1961 | Marathon | 2:49:52 | S Barker | 1981 |
| 9:17.8 | R Woinarski | 1966 | 3000 m Steeplechase | 9:50.2 | A Tye | 1996 |
| 13.54 | S Baines | 2015 | 110 m Hurdles | 13.53 | S Baines | 2010 |
| 49.85 | M Hazel | 2002 | 400 m Hurdles | 52.8 | J Goodwin | 1992 |
| 2.29 m | J Baden | 2014 | High Jump | 2.29 m | J Baden | 2014 |
| 5.50 m | J Miller  J Miller | 1998  1998 | Pole Vault | 4.40 m | P Winter | 1990 |
| 8.27 m | H Frayne | 2012 | Long Jump | 7.99 m | H Frayne | 2009 |
| 17.23 m | H Frayne | 2012 | Triple Jump | 16.62 m | H Frayne | 2009 |
| 15.06 m | S Ferrier | 1999 | Shot Put | 13.60 m | B Tennant | 1991 |
| 47.74 m | S Ferrier | 2002 | Discus Throw | 40.56 m | B Tennant | 1992 |
| 61.64 m | D Dionisopoulos | 2001 | Hammer Throw | 20.72 m | J Nijathaworn | 2007 |
| 70.74 m | B Tennant | 1994 | Javelin Throw | 64.86 m | B Tennant | 1991 |
| 8307 points | S Ferrier | 1998 | Decathlon | 7375 points | B Tennant | 1992 |
| 8:40.10 | L McDonald | 1996 | 2000 m Walk | 8:40.10 | L McDonald | 1996 |
| 12:55.64 | L McDonald | 1996 | 3000 m Walk | 12:55.64 | L McDonald | 1996 |
| 22:48.6 | L McDonald | 1996 | 5000 m Walk | 22:48.6 | L McDonald | 1996 |
| 55:47.0 | I Saunders | 1963 | 10,000 m Walk | Not claimed |  |  |
| 5:16:26 | I Saunders | 1964 | 50 km Walk | N/A |  |  |
| 41.07 | J Vine  T Gamble  A Lorraway  S Baines | 2014 | 4×100 m Relay | 43.79 | D Thomas  C Baillieu  W Cunningham  O Wurm | 2009 |
| 1:28.3 y | M Morris  P Gardner  N Griffith  I Gillon | 1951 | 4×200 m Relay | 1:35.10 | J Smith  S Ooi  H Hanlon  A Fegan | 2009 |
| 3:11.22 | C Baillieu  S Baines  A Carew  O Wurm | 2013 | 4×400 m Relay | 3:25.79 | J Smith  G Larsen  A Fegan  H Hanlon | 2009 |
| 8:09.07 | H Smithers  T Clark  T Hardham  N Donohoe | 2010 | 4×800 m Relay | 8:09.07 | H Smithers  T Clark  T Hardham  N Donohoe | 2010 |
| 3:30.99 | M Ladbrook  M Griffin  A Kostov  T O'Shaughnessy | 2008 | 1600 m Medley Relay | 3:39.37 | J Smith  S Ooi  H Hanlon  N Donohoe | 2009 |